

## **TRANSYLVANIA FARMERS MARKET**

### ***COVID-19 Preparedness Plan***

The Transylvania Farmers Market (TFM) is committed to providing a safe and healthy space for employees, vendors, and customers. To ensure that, TFM has developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic.

Employees and vendors are all required to follow this plan. Our goal is to mitigate the potential for transmission of COVID-19 at the TFM and that requires full cooperation.

TFM's COVID-19 Preparedness Plan follows the guidance developed by the Transylvania County Health Department and the state of North Carolina.

***This plan requires the following:***

#### **SOCIAL DISTANCING**

Each employee and vendor at the TFM will socially distance from others while at the market, being at least six-feet apart. Customers are asked to follow this guideline as well and vendors are asked to help encourage customers to follow this guideline while at their booth. Market customers will be counted as they enter the market space and TFM will follow all state guidelines for capacity.

#### **MASKS**

Each employee, vendor, and customer is required to wear a mask or face covering at the TFM. If any individual needs to hydrate, eat, or take a break with their face covering off, they must step away from all sales and customer areas and be socially distanced before removing their face covering.

#### **HAND WASHING & SANITIZATION**

Every employee and vendor must wash their hands and sanitize frequently. Gloves may be worn but must be changed or sanitized frequently. Customers are asked not to touch items without permission of the vendor. Customers may be provided with gloves to handle products when necessary.

#### **SAFE PRACTICES WITH CUSTOMERS**

Vendors are required to sanitize and disinfect properly while preparing for market as well as while at their booth at the TFM. See the attached Sanitizing and Disinfecting Guide from the Transylvania County Public Health Department (pages 4 & 5).

#### **PRE-PLAN YOUR ABSENCE**

Vendors are allowed to sell for other vendors, so now is the time to establish another vendor that can sell your product for you (if that is possible) in the event of your absence. Contact the Market Manager to discuss how to plan this option, or to notify the market of a plan you have in place. Note that in the case of a vendor's exposure or illness, any transfer of product between vendors must be handled with no contact between individuals.

#### **WHEN TO STAY HOME**

If you are exposed to someone who has symptoms or tests positive for COVID-19, if you have symptoms or test positive for COVID-19, you are required to stay home except to get medical care and call on your healthcare provider. Symptoms of COVID-19 include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat,

congestion or runny nose, nausea or vomiting, and diarrhea.

Please see the attached COVID-19 Guidance Flowcharts from Transylvania Public Health (pages 6, 7 & 8). The TFM will be following these guidelines for procedure including length of quarantine.

### **NOTIFY THE MARKET**

If an employee or vendor is exposed to someone who is sick with COVID-19, tests positive for COVID-19, or thinks they may have it, they are required to inform the Transylvania Farmers Market. Contact the Market Manager at any time via phone (239-249-2132) or email ([transylvaniafarmersmarket@gmail.com](mailto:transylvaniafarmersmarket@gmail.com)). With assistance from Transylvania Public Health, the Market Manager will work with you to develop a plan to move forward.

### **TESTING**

If you are exposed to someone who has symptoms or tests positive for COVID-19 or if you experience symptoms (fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea), contact your health care provider or call the Transylvania Public Health nurse line at (828) 884-4007 to locate testing.

### **TESTING RESULTS**

Please follow the attached COVID-19 Guidance Flowcharts from Transylvania Public Health (pages 6, 7 & 8). The TFM will be following these guidelines for procedure should you test positive or should you be exposed to someone who has tested positive.

### **WHEN TO RETURN TO THE MARKET**

Please follow the COVID-19 Guidance Return to Market Flowcharts from Transylvania Public Health (page 6, 7 & 8). The TFM will be following these guidelines, including length of quarantine, and also be consulting Transylvania Public Health for guidance should you test positive or should you be exposed to someone who has tested positive.

### **SANITIZE/DISINFECT ALL MARKET SUPPLIES**

Before vendors who have been exposed or who have tested positive return to the TFM, a thorough cleaning is required of all market supplies and equipment that will return to market. If a market employee is found to be exposed or infected, a thorough cleaning of all supplies and equipment used in the course of the market day is also required. All cleaning should be done as listed here: <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>.

### **NOTIFICATIONS**

If there is found to be an employee or vendor who has been at the market while ill with COVID-19, whether they have been symptomatic or asymptomatic, or after they have been exposed to someone with COVID-19, that employee or vendor will not be allowed back at the market until they have cleared all recommendations and requirements from Transylvania Public Health. The TFM will follow Transylvania Public Health's guidance in regards to contact tracing.

Should an employee or vendor test positive for COVID-19, or be exposed to someone positive, and found to have been at the market during that time, employees and vendors will be notified. Customers will also be notified of any positive cases via the market newsletter and social media, being informed of the specific plan of action and any potential concerns of exposure.

## **PENALTIES**

No employee or vendor will be penalized for being absent from the market due to a concern about exposure or illness or due to testing positive for COVID-19. The market will make all reasonable attempts to support and assist the employee or vendor during their absence.

The only exception to this is if an employee or vendor attends the market after knowingly being exposed to COVID-19 or having tested positive for COVID-19. In that circumstance, and upon review by the Transylvania Farmers Market Board of Directors, that employee may be terminated or the vendor may lose their membership.

*The Transylvania Farmers Market takes the health and wellness of its employees, vendors, and the community very seriously and is doing all it can to remain open as a viable source of economic activity for vendors dependent on sales and as a valuable source of food for the community. Each employee and vendor at TFM is required to follow the guidelines outlined in this document.*

# CORONAVIRUS GUIDANCE

## Sanitizing & Disinfecting

### CLEAN FIRST!

Any dirt, food, or other residue on a surface can make the sanitizing or disinfecting steps less effective. Clean with soap and water first to remove any soil and decrease the amount of bacteria and viruses. Use a brush or pad to rub or scrub the soiled area if needed.

### SANITIZE – for hands and surfaces that touch food

**Sanitizing reduces the amount of bacteria or virus on a surface that will be used in preparing, serving, or storing food.** Sanitizing solutions are much weaker than disinfectants and are safe for use in the kitchen. The sanitized surface must be safe for ingesting food that comes into contact with it. **STRONGER is not better.**

**Choose:** Dilute plain chlorine bleach (no scents, gels, thickeners, additives) to 50-200 parts per million, or use a QAC (Quaternary Ammonium Compound) with 150-400 parts per million concentration and label directions for “sanitizing” food equipment. Alcohol hand sanitizers are strictly for hands, not surfaces, and should have at least 60% isopropanol or isopropyl alcohol.

**Use:** After cleaning, soak the item in the sanitizing solution, or spray the surface until it is thoroughly wet. Allow to air dry. Alcohol-based hand sanitizers may be used when a handwashing sink is not readily available; if hands are dirty, use a wet wipe first and follow with hand sanitizer.

**Contact Time:** For the sanitizer to work effectively, you must allow the sanitizer to remain on the surface for the entire contact time. For bleach sanitizers, this may vary from 10 to 30 seconds. For quaternary ammonium compounds, this may be 30 seconds or more. Follow label instructions.

**What to Sanitize:** cutting boards, plates, cups, bowls, spoons, forks, knives, food trays. DO NOT try to sanitize disposable items intended for one-time use (paper plates, ziplock bags, disposable spoons/knives/forks, flimsy plastic trays and covers); these should be discarded after use.

**Storage:** Follow directions on the product label. Do not store directly on food or food equipment. Keep out of reach of children. For bleach-based sanitizers, replace at least daily; use an opaque container and store out of direct sunlight.

### DISINFECT – to eliminate most bacteria and viruses on surfaces

**Disinfectants are strong solutions that are capable of reducing bacteria and viruses on surfaces.** Disinfectants are not suitable for use on humans or surfaces that will be in direct contact with food.

**Choose:** Make your own disinfectant with chlorine bleach, or choose a disinfectant from “List N” that is registered with the Environmental Protection Agency to be effective against the coronavirus that causes COVID-19: <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>. Mix bleach to 1000 parts per million, or use a QAC (Quaternary Ammonium Compound) with 1000 parts per million concentration and label directions for use as a disinfectant.

**Use:** After cleaning, spray the item or the surface with the disinfecting solution until wet. Because of the strong solutions being used, you may need to ventilate the area being disinfected. Allow to air dry.

**Contact Time:** For the disinfectant to work effectively, you must keep the surface being disinfected wet for the entire contact time specified on the label, or, on the List N contact time for the product. This ranges from 15 seconds to 10 minutes, depending on the product. Re-wet as needed to meet the contact time.

**What to Disinfect:** Commonly-touched areas, such as door handles, push plates on doors, handrails, light switches, lamp switches, sink faucet and handles, toilet flush handles, soap dispensers, paper towel holders, hand sanitizer pumps, drawer handles, remote controls, keyboards, monitors, computer mouse.

**Storage:** Store in a responsible and appropriate manner according to the label. Keep in locations that are convenient for use, but out of the reach of young children or others if a safety hazard. For bleach-based disinfectants, replace solution at least daily; use an opaque container and store out of direct sunlight.

**Do NOT mix different sanitizers or disinfectants together! This may cause fumes that are dangerous to breathe.**

## COMPARING COMMON SANITIZERS AND DISINFECTANTS

	<b>Chlorine</b> Bleach	<b>QAC</b> Quaternary Ammonium Compounds	<b>Alcohol</b> isopropanol or Isopropyl alcohol
<b>Sanitizing:</b>			<i>(Hands only)</i>
Clean first?	Yes	Yes	If visibly dirty, yes
Use on hands?	No	No	Yes
Amount per gallon of water?	2 tsp - 1 Tbs plain bleach (no scents, gels, additives)	Premixed or see label directions for sanitizing food equipment	Premixed (do not prepare at home)
Amount per quart of water?	1/2 - 3/4 tsp plain bleach (no scents, gels, additives)	Premixed or see label directions for sanitizing food equipment	Premixed (do not prepare at home)
Strength?	50-200 ppm	150-400 ppm	60%
Contact time?	10-30 seconds	30 seconds or more	Rub hands until dry
Ventilate room?	Not necessary	Not necessary	Not necessary
Storage issues?	No sun. Keep out of reach of children. Remix daily.	May be sensitive to sun. Keep out of reach of children. See label.	See label.
Wear gloves?	Not required	Not required	No
Safe for food?	Yes	Yes	No
Wipe or air dry?	Air dry	Air dry	Air dry
<b>Disinfecting:</b>			<i>(As used for disinfecting surfaces)</i>
Amount per gallon of water?	2 ½ Tbs - 1/4 cup* chlorine bleach (any formulation)	Premixed or see label directions for use as disinfectant	See List N*** and label directions
Amount per quart of water?	2 tsp - 1 Tbs* chlorine bleach (any formulation)	Premixed or see label directions for use as disinfectant	
Strength?	1000 ppm*	See label (1000 ppm+)	70%**
Contact time?	See label; typically 1-5 min.	See label or list N; typically 1-5 minutes or more	See List N*** and label directions
Ventilate room?	Open windows, doors	Open windows, doors	Open windows, doors
Storage issues?	No sun. Keep out of reach of children. Remix daily.	May be sensitive to sun. Keep out of reach of children. See label.	Keep out of reach of children. See label.
Wear gloves?	Yes	Yes	Yes
Safe for food?	No	No	No
Wipe or air dry?	Air dry	Air dry	Air dry

\* Per CDC for COVID-19

\*\* For ethanol, use 80% formulation for disinfecting.

\*\*\* See <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2> for List N disinfectants.

## BLEACH SOLUTION MIXING GUIDELINES

Concentration (%) of sodium hypochlorite may be found on bleach container label.

Application	Bleach per Gallon of Water	Bleach per Quart of Water	Bleach (Free Chlorine) Concentration	Recommended Labeling
<i>5.25% Sodium Hypochlorite</i>				
Disinfecting Strength	1/4 Cup	1 Tablespoon	500-800 ppm	Disinfectant
Sanitizing Strength	1 Tablespoon	3/4 Teaspoon	50-200 ppm	Sanitizer
<i>6.00% Sodium Hypochlorite</i>				
Disinfecting Strength	3 ½ Tablespoons	2 ½ Teaspoons	500-800 ppm	Disinfectant
Sanitizing Strength	2 ½ Teaspoons	½ Teaspoon	50-200 ppm	Sanitizer
<i>8.25% Sodium Hypochlorite</i>				
Disinfecting Strength	2 ½ Tablespoons	2 Teaspoons	500-800 ppm	Disinfectant
Sanitizing Strength	2 Teaspoons	½ Teaspoon	50-200 ppm	Sanitizer

# Return to Market Flowchart

**AN EMPLOYEE/VENDOR HAS HAD CLOSE CONTACT WITH SOMEONE DIAGNOSED WITH COVID-19 IN THE PAST 14 DAYS**

**Does the employee/vendor have symptoms of COVID-19?**

- Fever\* or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

\*Fever is determined by a measured temperature of 100.4 °F or greater, or feels warm to the touch, or says they have recently felt feverish.

**YES**

**NO**

Send employee/vendor home immediately. Advise employee/vendor to seek medical attention, including immediate testing for COVID-19.

Send employee/vendor home immediately. Recommend testing for COVID-19 5-7 days after their last exposure to the person with COVID-19.

**NEGATIVE TEST RESULT**

**POSITIVE TEST RESULT**

**POSITIVE TEST RESULT**

**NEGATIVE TEST RESULT**

**Quarantine at home.** Avoid others in the household and do not leave home except to seek medical care.

This person can return to the market and other activities 14 days after the last time he or she had close contact with someone with COVID-19.

\*If this person later has a positive test, use positive result criteria to the right.

Notify Transylvania Public Health at 884-3135.

Notify the market manager of possible exposure.

*Close contacts of this person (within 6 feet for more than 15 minutes) should stay at home except to seek medical care and practice social distancing within their household for 14 days after their last contact with the positive case. Other coworkers/vendors should self-monitor for symptoms but can continue working.*

**Isolate at home.** Avoid others in the household and do not leave home except to seek medical care.

This person can return to the market and other activities when **ALL** of the following are true:

- It has been at least 10 days since they first had symptoms **AND**
- They have not had a fever for 1 day (24 hours) without any fever reducing medication **AND**
- Their other symptoms have improved.

**Quarantine at home.** Avoid others in the household and do not leave home except to seek medical care.

This person can return to the market and other activities 14 days after the last time he or she had close contact with someone with COVID-19.

\*If this person later has a positive test, use positive result criteria to the left.

**QUESTIONS?**

Contact the Transylvania Public Health nurse line at 828-884-4007.



This flow chart is based on recommendations from CDC and guidance from 6 NCDHHS last updated 7/23/20. For more information, contact Transylvania Public Health at 828-884-3135 or [info@transylvaniahealth.org](mailto:info@transylvaniahealth.org)

# Return to Market Flowchart

**AN EMPLOYEE/VENDOR HAS SYMPTOMS OF COVID-19**

Send employee/vendor home immediately. Advise employee/vendor to seek medical attention, including testing for COVID-19.

**POSITIVE  
TEST RESULT**

**NOT TESTED**

**NEGATIVE  
TEST RESULT**

Notify Transylvania Public Health at 884-3135.  
Notify the market manager of their possible exposure.

*Close contacts of this person (within 6 feet for more than 15 minutes) should stay at home except to seek medical care and practice social distancing within their household for 14 days after their last contact with the positive case.*

Other coworkers/vendors should self-monitor for symptoms but can continue working.

**Has this person had close contact (within 6 feet for more than 15 minutes) with someone diagnosed with COVID-19 in the past 14 days?**

**YES**

**NO**

**Quarantine at home.** Avoid others in the household and do not leave home except to seek medical care.

This person can return to the market and other activities 14 days after the last time he or she had close contact with someone with COVID-19.

*\*If this person later has a positive test, use criteria to the left.*

**Isolate at home.** Avoid others in the household and do not leave home except to seek medical care.

This person can return to the market and other activities when **ALL** of the following are true:

- It has been at least 10 days since they first had symptoms **AND**
- They have not had a fever for 1 day (24 hours) without any fever reducing medication **AND**
- Their other symptoms have improved.

This person may be allowed to return to work/the market and other activities 24 hours after they have not had a fever without any fever reducing medication and their other symptoms have resolved.



## QUESTIONS?

Contact the Transylvania Public Health nurse line at 828-884-4007.

# Return to Market Flowchart

## AN EMPLOYEE/VENDOR TESTS POSITIVE FOR COVID-19

Notify Transylvania Public Health at 884-3135.

Notify the market manager of their possible exposure.

*Close contacts of this person (within 6 feet for more than 15 minutes) should stay at home except to seek medical care and practice social distancing within their household for 14 days after their last contact with the positive case.*

*Other coworkers /vendors should self-monitor for symptoms but can continue working.*

### Does the employee/vendor have symptoms of COVID-19?

- Fever\* or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

*\*Fever is determined by a measured temperature of 100.4°F or greater, or feels warm to the touch, or says they have recently felt feverish.*

**YES**

**NO**

**Isolate at home.** Avoid others in the household and do not leave home except to seek medical care.

This person can return to the market and other activities when **ALL** of the following are true:

- It has been at least 10 days since they first had symptoms **AND**
- They have not had a fever for 1 day (24 hours) without any fever reducing medication **AND**
- Their other symptoms have improved.

**Isolate at home.** Avoid others in the household and do not leave home except to seek medical care.

This person can return to the market and other activities after 10 days from the date of their first positive COVID-19 test.

*\*If this person develops symptoms after testing, use criteria to the left.*



### QUESTIONS?

Contact the Transylvania Public Health nurse line at 828-884-4007.